

# Campus Connect

## CBSE TRAINING- INCLUSIVE EDUCATION



A two day CBSE Capacity Building Program on the topic Inclusive Education commenced with lighting of the auspicious lamp followed by the formal welcome of the resource persons Mr G S Negi, Principal, Guru Nanak Public School, Ludhiana and Mrs Sunita Kumari, Principal, HVM Convent School, Ludhiana. The resource person led the session sharing their expertise in special education and inclusive pedagogy. Their insightful presentations covered a wide range of topics. There were interactive activities like role-plays, case studies, sharing of own experiences and best practises in inclusive education.



# Campus Connect

## ABOUT TRAININGS AND CAMPS



*"At Manukhta Di Seva, students discovered the true meaning of humanity — in giving, they received."*



### GETTING THE FUTURE LEADERS READY

Day 3 began with a spirited relay race, fostering teamwork and enthusiasm, followed by a calming yoga session. Students then participated in a self-defence session, boosting their confidence and physical skills.



The highlight of the day was the community survey project presentations, where all six groups shared their findings and proposed innovative solutions to community issues. The day offered a rich blend of physical activities and thoughtful engagement, shaping students into responsible and solution-driven leaders.



# Campus Connect

## ABOUT TRAININGS AND CAMPS

### Rejuvenation of Mind and Body



The day commenced with a Havan ceremony, followed by a session on the "Vedic Havan." Subsequently, a fitness session was conducted by The sports teacher Ms Kamlesh during which the teachers actively participated in various exercises and yoga practices.

After the fitness session, a workshop on "Jadui Pitara" was conducted by the Headmistress, Ms. Ritu Syal. She emphasized the importance of enhancing students' listening and speaking skills using the Jadui Pitara. She guided the teachers to incorporate flashcards, educational toys, story-based learning, and a variety of engaging activities in their classroom teaching.

### Training Session on "Happy Classrooms" by Ms. Gurpreet Kaur



A thought-provoking and energizing training session on "Happy Classrooms" was conducted by the Dean Academics, Ms. Gurpreet Kaur, for educators across all wings of the school. The session emphasized the significance of fostering positivity, connection, and emotional well-being within the classroom environment.

Ms. Kaur highlighted the transformative power of positive affirmations, urging teachers to begin each day with encouraging words and a mindset of growth and gratitude. The training was highly interactive, with engaging activities such as role play, real-life scenarios, and reflective discussions. The focus remained on building meaningful teacher-student connections and nurturing an environment where every child feels valued and supported.

# Campus Connect



## **Thought of the Day:**

*"A positive attitude gives you power over your circumstances instead of your circumstances having power over you."*

*— Joyce Meyer*



## **Health Tip of the day:**

*Include a "No Sugar" Day Weekly*

*Pick one day a week to skip all added sugars. It resets your cravings and supports heart health.*



## **This day in history: June 05**

*🌍 World Environment Day is celebrated every year on 5th June. It was established by the United Nations in 1972 and is one of the most important platforms for raising awareness and action for the protection of our environment. Each year, it is hosted by a different country with a specific theme focusing on urgent environmental issues.*